

INTERVAL HEALTH HISTORY FOR SPORTS PARTICIPATION BROOKFIELD CENTRAL SCHOOL

Prior to the start of tryout sessions or practice at the beginning of each year, a health history review for each athlete must be conducted.

Student: _____ Age: _____ Grade: _____
 Date of Birth: ___/___/___ Level (check): ___Var ___JV ___Fresh ___Jr. High
 Sport(s): _____/_____/_____

NOTE: "Yes" to any of these questions does not mean automatic disqualification from the athletic activity. However, it will require a review and approval by the school physician before the student can report to practice or tryouts.

The answers to the questions on this form will be held in the school health office and will be kept confidential.

History since last year:

If the answer to any of the following questions is "YES", please describe the condition or situation that prompted your answer on the lines below.

- | | | |
|---|-----------|----------|
| 1. Any injuries requiring medical attention? | _____ Yes | _____ No |
| 2. Any illness lasting more than five (5) days? | _____ Yes | _____ No |
| 3. Taking medicine or under physician's care at this time? | _____ Yes | _____ No |
| 4. Any feeling of faintness, dizziness or fatigue
after exercise or exertion? | _____ Yes | _____ No |
| 5. Change in wearing glasses or contact lenses? | _____ Yes | _____ No |
| 6. Any surgical operations or fractures? | _____ Yes | _____ No |
| 7. Any treatment in a hospital or emergency room? | _____ Yes | _____ No |
| 8. Developed any allergies? | _____ Yes | _____ No |
| 9. Any chronic disease? | _____ Yes | _____ No |
| 10. Has there ever been a sudden death in a family member
under fifty (50) years of age? | _____ Yes | _____ No |

Comments: _____

I, the undersigned, clearly understand these questions are asked in order to decide if my child can safely participate in athletic sports named above. The answers are correct as of this date and he/she has my permission to participate.

Parental Signature: _____

Date: _____